

# PRESS RELEASE



## **DES MOINES WINTER GAMES EXPECTED TO BE SNOW MUCH FUN**

**FOR IMMEDIATE RELEASE**

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**DES MOINES, IOWA – February 1, 2010**--Mother Nature has given 2010 Des Moines Winter Games planners from Des Moines Parks and Recreation and Sleepy Hollow Sports Park a running start and everyone has a chance to participate, even if they don't want to compete. Volunteers are needed at all of the 16 events that will be held February 5-7 to help make them successful! Help is needed with set-up, teardown, registration and more. Over 8,000 attendees and world-wide coverage are expected this year with the addition of the Zipflbob race, which is a mini-luge.

Volunteers are needed Friday, February 5 from 4:30-8:30 p.m.; Saturday shifts run from 6:00 a.m. until 1:00 a.m. Sunday. Among the events are the Polar Plunge, Zipflbob, Big Dig and other children's events, Snocross, Ice Fishing, Cardboard Sled, Downhill Kayak, and Rail Jam. So much to choose from that promises to be "snow" much fun! Check out all the 2010 Des Moines Winter Games and the volunteer opportunities on [www.dmparks.org](http://www.dmparks.org), email [parksvolunteer@dmgov.org](mailto:parksvolunteer@dmgov.org) or call (515)248-6380. Volunteers must attend a mandatory meeting at Sleepy Hollow Sports Park, 4051 Dean Avenue at 6:00 p.m. Wednesday, February 3.

The Des Moines Winter Games line-up and descriptions of activities, schedules, registration timelines and forms, and more are available online at [www.dmwintergames.com](http://www.dmwintergames.com) or by calling 515-248-6310.