



THE CITY OF DES MOINES OFFICIAL
PRESS RELEASE



**DES MOINES PARK & RECREATION
FLAG FOOTBALL REGISTRATION**

FOR IMMEDIATE RELEASE

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(515) 248-6310

DES MOINES, IOWA – July 22, 2008 – Des Moines Parks and Recreation Department is offering **ADULT FLAG FOOTBALL** with separate leagues for men and women. Registration is open now thru 5:00pm Wednesday, August 20th, 2008. League play begins Tuesday, September 2nd, 2008. Teams play one game per week with league choices of Sunday thru Thursday. Very competitive leagues and recreational leagues are available. Teams consist of seven players on the field at a time. Entry fee is \$200.00 for a seven-game schedule and is payable at time of application. Checks should be made payable to City of Des Moines Parks & Recreation. Bring or mail to the Leisure Sports Office, 3711 Easton Blvd., Des Moines, IA 50317. For additional information, please contact the Leisure Sports Office between 8:00am and 5:00pm, Monday thru Friday, at 248-6310.