



## PRESS RELEASE

### *Des Moines Parks & Recreation OPENS Registration for Adult Flag Football*

**FOR IMMEDIATE RELEASE:**

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**DES MOINES, IOWA – July 23, 2009 – Des Moines Parks and Recreation Department is offering ADULT FLAG FOOTBALL with separate leagues for men and women. Registration is open now thru 5:00 pm Wednesday, August 19<sup>th</sup>, 2009. League play begins Tuesday, September 1<sup>st</sup>, 2009. Teams play one game per week with league choices of Sunday thru Thursday. Very competitive leagues and recreational leagues are available. Teams consist of seven players on the field at a time. Entry fee is \$200.00 for a seven-game schedule and is payable at time of application. Checks should be made payable to City of Des Moines Parks & Recreation. Bring or mail to the Leisure Sports Office, 3711 Easton Blvd., Des Moines, IA 50317. For additional information, please contact the Leisure Sports Office between 8:00 am and 5:00 pm, Monday thru Friday, at 248-6310.**