



City of Des Moines
Employee Wellness Committee

December 19, 2007

1:30 p.m.

Archie Brooks Community Center

Minutes

ROLL CALL

x	Larina Blad, Police			Kerri Przybylski, Fire
	Phil Dally, Public Works		x	Diane Rauh, City Clerk
	Brent Harris, Police		x	Doug Romig, Parks
	Dave Leever, Fire			Adam Smith, Public Works
x	Linda Main, City Clerk		x	Rebecca Trickey, Housing Svc
x	Tore Nelson, Aviation		x	James Wells, Human Resources
			x	Bart Winter, City Manager

Discussion:

1. The Committee and Wellmark Reps reviewed and amended the FAQ and Doctor Checklist. The Committee determined which brochures to send in the direct mail piece to employees.
2. Doug has heard from Fareway but not Dahls and HyVee regarding their interest in participating in the incentive program. He will follow up.
3. Discussed the format of the employee meetings. Each meeting will be approx 30 minutes and each Dept can determine the location. Wellmark has some slides for a presentation and will forward them to James.
4. Anyone on the Committee will be available to assist employees with entering their information into the online PHA system.
5. Bart gave an update on the Portal site. Tore and Diane will help Bart and Marylee with content.
6. Tore asked if the 2008 Wellness Council of Iowa membership has been paid. James will follow-up
7. Tore, Doug, Linda and Diane will be the "Lighten Up Iowa" subcommittee and will report to the Committee at the next meeting.
8. CSI-Des Moines staffers will go out with paychecks on 12-21.

NEXT MEETING – Wednesday January 9, 1:30
Archie Brooks Community Center

Respectfully submitted,
Diane Rauh
December 21, 2007