



City of Des Moines
Employee Wellness Committee

March 26, 2008

1:30 p.m.

Archie Brooks Community Center

Minutes

ROLL CALL

	Larina Blad, Police			Kerri Przybylski, Fire
	Phil Dally, Public Works		x	Diane Rauh, City Clerk
	Brent Harris, Police		x	Doug Romig, Parks
	Dave Leever, Fire			Adam Smith, Public Works
x	Linda Main, City Clerk		x	Rebecca Trickey, Housing Svc
x	Heather Brady, HR		x	James Wells, Human Resources
x	Shelly Nurse, IT		x	Bart Winter, City Manager
x	Joe Sposeto, Public Works			

Discussion:

1. **Incentive**—Doug reported that Hy-Vee has discussed the DM incentive program with their Store Managers and hope to have an answer in the next few days. Donna Tweiton is the Hy-Vee contact. The committee discussed the “gross up” of the incentive but wants to get the City Manager’s reaction. Also discuss customized gift cards with DM logo and possibly providing a magnet with City wellness information. It was also determined that spouses would be able to participate even if the City Employee did not.
2. **Direct Mail Packet to Employees**—Plan to have the mailing out mid-April and give 3 ½ month to complete the PHA’s -- July 31 would be final date.
3. **Employee Meeting Schedule/Presentation**—Train the Trainer sessions will begin April 4.
4. **New Business**—There was discussion regarding future incentives:
 - **rewards for fitness**
 - **scales in restrooms**
 - **discounts at local gyms**
 - **arranging a City wellness fair**

NEXT MEETING – Wednesday April 23, 1:30PM -2:30 PM

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Respectfully submitted,

Diane Rauh

May 12, 2008